

Tiddington Community Centre

EVERY WEEK in 2025

TCC on Mondays

9-11.45 Little Kickers runs fun football sessions - 18 months - 5 years

09.15-10.00 Little Kicks 18 months - 2.5 years

10.05-10.50 Junior Kickers 2.5-3.5 years

10.55-11.40 Mighty Kickers 3.5-5 years

01926 967066 or

warwick@littlekickers.co.uk

Sessions run every Monday Morning including Bank Holidays.



Online Shop - <https://little-kickers-online-shop.myshopify.com/?ref=0011I00000mlIpF>

George Joyce 01926 967066

TCC on Mondays

15.45-19.00 Zest Dance

At Zest Dance, we believe dance should be joyful, creative, and confidence-boosting for everyone. Our TCC classes offer a fun, welcoming space for children and adults to explore movement, build skills, and make lasting friendships.

Whether you're taking your first steps or perfecting your technique, our experienced teachers bring energy, encouragement, and plenty of passion to every session.

We hold weekly classes in Tiddington in a variety of styles including;

tots and pre-school dance, ballet, tap, modern, street, musical theatre and acro for children

adults we offer Zest DanceFit (a dance fitness class), and adult ballet.

We offer a 2-week trial for our classes - do get in touch to book or visit our website to find out more.

warwickshire@zest-dance.co.uk www.zest-dance.co.uk



Frankie Young, Principal 07897 988735

ZEST DANCE also at TCC on
Tuesdays 16.30-18.15
Wednesdays 16.00 - 19.30
Thursdays 9.00-11.00 and 16.15-21.15



TCC on Tuesdays

16.30-18.15 Zest Dance, Frankie Young warwickshire@zest-dance.co.uk

07897 988735 www.zest-dance.co.uk SEE Mondays above for fuller details
Existing Customer Useful Links: [Class Manager Portal Log in](#) [Dancewear Shop](#)
[Zest Dance Branded Uniform & Merchandise](#)



TCC on Tuesdays

18.30- 20.00 Yoga, Shama Sara Palmer

Join us for gentle YOGA In this popular class, we use breath, posture and guided relaxation to strengthen the body, increase flexibility and release tensions from body

and mind for a good night's sleep. We'd love you to join us.

We are socially spacing Yoga mats, wearing masks at all times except on our own mat.

To book a place in class please email/text:
sarashama108@gmail.com 07910 088032



TCC on Wednesdays

9.30-13.15 Baby Sensory, Gemma O'Rourke

warwickshire@babysensory.co.uk 07989 502712

Precious early learning for babies



TCC on Wednesdays

16.00-19.30 Zest Dance, Frankie Young warwickshire@zest-dance.co.uk

07897 988735 www.zest-dance.co.uk SEE Mondays above for fuller details



TCC on Thursdays

09 - 11.00 Zest Dance Frankie Young warwickshire@zest-dance.co.uk

Also at 16.15 - 21.15 Zest Dance

07897 988735 www.zest-dance.co.uk SEE Mondays above for fuller details

★ ★ ★
TCC on Thursdays

11.00 - 12.00 One Fit Mama, Victoria Larder 07855 424104 victoria@missfitt.org

★ ★ ★
TCC on Thursdays

12.00 - 13.00 TCC Fitness, John Thomson

Thursdays at 12.00, a bunch of grumpy old men get together to participate in light fitness circuit training. Two circuits one of 50seconds the second of 40secs of 14 different exercises using weights, medicine balls, etc.

OPEN TO ALL once registered, just turn up on the day. There's no need to prebook.

£5 per session paid in advance on the day by bank transfer. Sorry, no cash .

Why not come and join us? FOR MORE INFORMATION CONTACT
John Thomson by email to jathomson2@btinternet.com

★ ★ ★
TCC on Thursdays

14.00 - 16.00 Stratford, AsYouLikelt Blind Club, Rob Cobley

Every Other Week from Thursday 3rd September in 2025

A Club for Blind and Partially sighted members registered with Warwickshire Vision Support - we are a registered Charity.

At every meeting we have entertainment either a speaker or music followed by Tea and Cakes and a Raffle. We can arrange a limited amount of Transport to and from meetings.

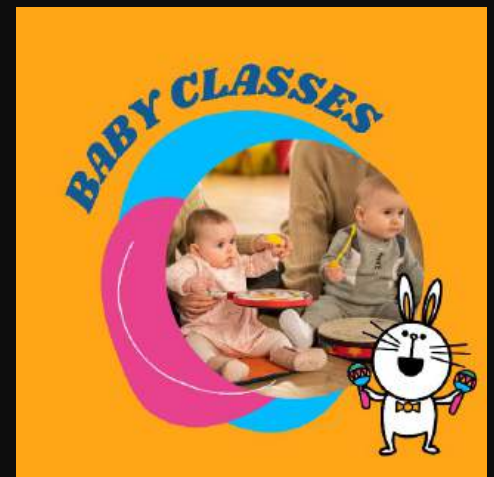
Rob.cobley@touchwoodonline.com 01789 293863



★ ★ ★
TCC on Fridays

08.30 - 13.30 Rhythm Time, Rachel Turner 07469 186042

rachel.t@rhythmtime.org , [Rhythm Time - Location Finder](#)



TCC on Fridays

13.45 - 14.45 Zumba Gold, Miranda Maloney

Zumba Gold - A low impact, dance based exercise class. Easy to follow routines, using music and movement from around the world. Everybody is welcome.



miranda@pixiefit.co.uk 07595 696506



TCC on Fridays

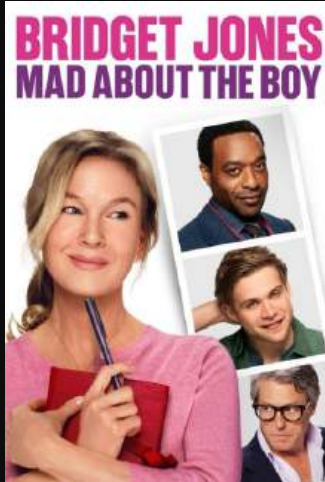
18.30 - 22.00 TCC Film Club (Every 1st Friday)

£5/attendance for non-Film Club Members

£24 for 12 monthly films for members!

See [Film Club | Tiddington Community Centre](#) for next Film Night showing

Email rob.cobley@touchwoodonline.com to be added to our email distribution list.



**TO BE SHOWN ON FRIDAY 10th
OCTOBER 2025**

★ ★ ★
TCC on Saturdays

14.00 - 16.00 Karate, Rachel Griffiths
rachwgj@gmail.com 07930 171504

★ ★ ★
TCC on Sundays

08.30 - 11.15 Pre School Tennis, Dr Naomi Shearing
naomi.s@btinternet.com 07919 483783

★ ★ ★
TCC on Sundays

14.00 - 16.00 Computer Classes, Andy Hollis
(Twice/month)
zzcyberlab@gmail.com

NEXT BOOKINGS are 7/9/25, 21/9/25, 5/10/25, 19/10/25, 2/11/25, 16/11/25 & 30/11/25 (both @11.30am)

★ ★ ★
Pantomime at TCC, Natasha Smith
tiddingtonplayers@gmail.com 07964324357

EVERY FEBRUARY HALF-TERM WE HAVE A PANTOMIME

Next Pantomime is Week of 16th-22nd February 2026

Rehearsals take place Fridays from 7pm & Sundays from 2pm in January/February

★ ★ ★
There are other ad-hoc bookings for St James' Church and Taekwon-Do etc
Additional details available from rob.cobley@touchwoodonline.com
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