

Tiddington Community Centre



FRIDAY 7th February - TCC Film Night!

We restart our TCC Film Club Nights in February and every 1st Friday EVERY Month



FRIDAY EVENING 7th FEBRUARY

TCC FRIDAY FILM NIGHTS

TCC FRIDAY FILM CLUB

MEMBERS SELECTIONS

Feature FILMS 7.30pm Doors Open 7.00pm



FILM CLUB NIGHTS

February 7th

A PRIVATE WAR



OUR THANKS GO TO

Richard Payne and **Julia Day** who are running this Film Night

As well as

Janice Howkins and **Sue Band** who will be providing us with Refreshments!

No TCC FILM CLUB MEMBERSHIP?

Just £20 each for 12 months membership!

**You can join our club any Friday
by paying Julia on the door!**

Friday MARCH 6th

MARY QUEEN OF SCOTS



Tiddington Community Centre

VACANCY

The Tiddington Community Centre Management Committee currently has a vacancy for

TCC Committee Members

If you live locally and are interested in such a role then please contact TCC Chair Rob Cobley

rob.cobley@touchwoodonline.com

Tiddington Community Centre



**Our Tiddington Pantomime this year is on
20th-23rd February**

Tickets are available at

<https://www.ticketsource.co.uk/tiddingtonplayers>

or via tiddingtonplayers@gmail.com

or via Samm on **07712 255541**

Ticket prices:

£6 Child £8 Adult

£22 Group Booking (2A/2C, or 1A/3C)

available on all performance except Saturday matinee

More info from Samm tiddingtonplayers@gmail.com

Email rob.cobley@touchwoodonline.com

For all details and bookings of the TCC

Tiddington Community Centre

EVERY WEEK

Mondays

9.30-11.30am Bear Cub Book Club **with Rhiannon**
1-2pm Pilates **with Dom**
4-5pm Circuit Training **with Rob**
5-7pm Dance Classes **with Gemma**

Tuesdays

9.30-11.30am SupaStrikers Football 2-5years **with Steve**
4-5pm Boyz Street Dancing **with Natalie**
6-7pm Dog Training from 14Jan **with Cat**

Wednesdays

9.30-11am Mum and baby Yoga Class **with Amy**
11.15-12.15 Move it or Lose it – Over 65 Exercise Class **with Lesley**
limited availability - booking with Lesley is essential
6.30-9.30pm Ballroom Dancing Lessons **with Jo**

Thursdays

10-12noon Fitness Class Mums & Babies **with Victoria**
1.30-2.30pm Zumba Gold **with Miranda**
5.30-8pm Yoga Classes **with Sara**
8-9pm OneFitMama **with Victoria**

Fridays

9.30-12.30pm Rhythm Time Classes **with Rachel**

ONCE a MONTH

On a Wednesday

2pm Shakespeare Hospice Tea Dance 12Feb, 11Mar **with Chris & Bette**
2pm Alan & Vivian Tea Dance 18 Mar, 15Apr **with Alan & Vivian - 01789 204989**

On a Friday

7 for 7.30pm TCC Film Night 7Feb, 6Mar **with Julia, Richard & Richard**

For more information and a contact for any activity please email

rob.cobley@touchwoodonline.com



Tiddington Community Centre

NEW!!

EVERY MONDAY MORNING @ TCC

Starting Monday 24th February with Rhiannon
10-10.50am **Bear Cub Book Club**

A parent and toddler group called the Bear Cub Book Club
- a story and play session

Contact **Rhiannon Puar** rhiannon@bearcubbookclub.com

www.bearcubbookclub.com

NEW!!

EVERY MONDAY EVENING @ TCC

Starting Monday 24th February with Gemma

7-9pm Dance Classes

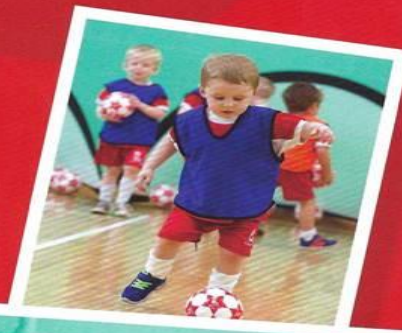
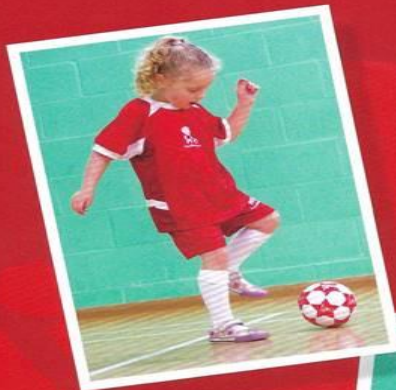
Contact Gemma Joyce gemma.joyce@hotmail.co.uk

EVERY TUESDAY MORNING @ TCC

Started Tuesday 7th January with Steve

SupaStrikers

Football FUN for 2-5 year olds



Daytime, indoor sessions
Licensed Coaches
all DBS checked & insured
Different age groups
Early years development
as well as football skills

TIDDINGTON COMMUNITY CENTRE
TUESDAYS

9.30 - 10.15am

10.20 - 11.05am



SupaStrikers

info@supastrikers.co.uk
supastrikers.co.uk

EVERY TUESDAY EVENING @ TCC

BOYZ STREET DANCING

Started Tuesday 7th January 4pm with Natalie



Boyz Street Dance Classes - age 4 years plus

Tuesdays 4.10-4.50pm

Tiddington Community Centre

For information about this Sparkle class and Thursday classes in Musical Theatre/ Ballet/ Street Dance, please email Natalie on sparkleperformers@gmail.com or call 07702 923 741

EVERY TUESDAY EVENING @ TCC

**Cat's
Dog
Training**



PUPPY CLASSES

6 week course for puppies up to the age of 6 months.
Using positive reinforcement techniques to teach basic obedience, develop good manners, socialisation and give your new dog the best start in life.

**Tiddington Community Centre
Tuesdays 6pm - 7pm**

Delivered by Cat - experienced and fully certified dog trainer
Spaces are limited so book early to avoid disappointment
Please get in touch for more information and course start dates

cat.roe@outlook.com
07563 143280

 [facebook.com/catsdogtraining](https://www.facebook.com/catsdogtraining)

@ 6pm with Cat...

EVERY WEDNESDAY MORNING @ TCC

Move it or Lose It - Over 65 exercise class with Lesley

comes to Tiddington Community Centre
every Wednesday morning at 11.15am

Improve your:

Balance and Confidence

Mobility and Flexibility

Strength and Independence

limited availability - booking with Lesley is essential

Contact Lesley Tel 07801 265599

lesley.natrins@moveitorloseit.co.uk



EVERY THURSDAY MORNING @ TCC

OneFitMama

With Victoria started 10am 9th January



every stage of motherhood

TIDDINGTON COMMUNITY CENTRE

Thursdays

10am Toddlers

11am Babies

Contact Victoria

Stratford@onefitmama.co.uk

EVERY THURSDAY AFTERNOON @ TCC

Zumba Gold with Miranda @1.30pm...



ZUMBA GOLD IS THE LOW IMPACT VERSION OF ZUMBA FITNESS. IT IS NOT THE 'HARDEST' VERSION (BRONZE, SILVER, **GOLD**) AND IT IS DEFINITELY NOT 'JUST FOR OLD PEOPLE'

ZUMBA GOLD IS FOR EVERY AGE, EVERY ABILITY, EVERY BODY.

ZUMBA GOLD USES MUSIC AND RYTHYMS FROM AROUND THE WORLD; SALSA, MERENGUE, TANGO TO NAME BUT A FEW.

ZUMBA GOLD IS A WORKOUT THAT FEELS MORE LIKE A DANCE PARTY.

COME AND TRY A CLASS. THERE IS NO JOINING FEE, PAY AS YOU GO, £5 PER 45 MINUTE CLASS.

YOU NEVER KNOW, ZUMBA GOLD MIGHT JUST CHANGE YOUR LIFE.

CONTACT MIRANDA on 07595696506

EMAIL Miranda@pixiefit.co.uk

Thursday 1:30pm

Tiddington Community Centre, Tiddington

Find us on FaceBook PixieFit



www.pixiefit.co.uk

EVERY THURSDAY EVENING @ TCC

Gentle Yoga 5.30 - 6.30pm

A gentler approach to Hatha Yoga posture, breath and relaxation.
Ideal for those who want to build strength and flexibility at a safe and steady pace.
A good class for those in recovery from illness or injury.

Beginners welcome!

Mixed Level Hatha Yoga 6.30 - 8.00pm

A classical and dynamic approach to Hatha Yoga including posture, breath and meditation practice with an experienced registered Senior teacher.

Some Yoga experience is preferred for this class.

For bookings and more details Shama Sara Palmer sarashama108@gmail.com

HATHA YOGA CLASSES
TIDDINGTON COMMUNITY CENTRE

Thursday 5.30 - 6.30pm, Gentle Yoga
(Beginners welcome)

Thursday 6.30 - 8.00pm, Level 1- 2 Yoga,
Tiddington Community Centre

REG'D SENIOR YOGA

**TEACHER, 15 YRS
EXPERIENCE**

Sara Palmer (Shama)

www.loveyogahealing.com
07910-088032



www.loveyogahealing.com 07910-088032

EVERY THURSDAY EVENING @ TCC

OneFitMama

8-9pm started 9th January

Contact Victoria

stratford@onefitmama.co.uk

EVERY FRIDAY MORNING @ TCC

Rhythm Time with Rachel Turner
classes started **FRIDAY 10th January**



Introduce your child to a world of sound, songs and music!

Fun, educational & multi-sensory music classes for babies, toddlers & pre-schoolers

Call Rachel: 07469186042



rhythm time



WINNER rhythmtime.net/rt99

Rhythm Time provide fun music classes for babies, toddlers & pre schoolers

We are passionate about music & how it enhances your little ones development.

Classes will be on Friday mornings at the following times

9.30am pre school (3 - 4 year olds)

10.10am toddlers

10.50am older baby (7-13 months)

11.30am younger babies up to 6 months

contact rachel on rachelrtime@gmail.com

www.rhythmtime.net/

or 07469186042 to reserve a place

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