

Tiddington Community Centre

Come & meet our new defibrillators - LAST call for Bookings



WOULD YOU KNOW what to do in an EMERGENCY?



DEFIBRILLATOR

TRAINING

Tiddington Community Centre

Saturday 7th October 2-4pm

Come & meet our new defibrillator & find out how & why it works!

**We will try & Answer all your questions
as well as any concerns, alongside some basic AED/CPR
training.**

No experience required! Open to all ages!

Tea/Coffee/Hot Chocolate & Biscuits provided!

Training FREE – however donations Welcome!

Click here to BOOK rob.cobley@touchwoodonline.com

Have a look at the two videos below....

<https://youtu.be/7lhSd5ONbNY?t=12>

<https://youtu.be/dqYeUyIOzhk?t=6>

and book yourself in to our introductory basic training next Saturday!

Click here rob.cobley@touchwoodonline.com

***Donations for our 2nd AED have so far been very gratefully
received from***

***TCC, SPAR Shop, NFU, TVRA, David Carr, Betty & Harvey Fox,
Connolly's Tapas Bar & Nick Barter***

BUT we still need almost **£1,000**... perhaps you can help too?



Early
Access

Early
CPR

Early
Defibrillation

Early
Advanced Care

CHAIN OF SURVIVAL



Early
Access

Early
CPR

Early
Defibrillation

Early
Advanced Care

1

2

3

4

Want to join a training class for CPR and use of an AED?

Click here rob.cobley@touchwoodonline.com

FRIDAY 6 October is TCC Film Night!



FRIDAY EVENING 6th OCTOBER

TCC FRIDAY FILM NIGHTS

TCC FRIDAY FILM CLUB



MEMBERS SELECTIONS JUNE- JULY 2017

FAMILY FILMS 6.00pm Doors Open 5.30pm

ADULT FILMS 8.30pm Doors Open 8.00pm

TCC FILM CLUB NIGHTS

TCC FILM CLUB DATES SEPT 2017- FEB 2018 All Fridays	FAMILY FILMS 6.00pm doors open 5.30pm	ADULT FEATURE FILMS 8.30pm doors open 8.30pm
October 6th	Finding Dory	A United Kingdom
November 3rd	The Lego Batman Movie	Sense of an Ending
December 1st	Despicable Me 3	La-La Land
January 5th	Spiderman - Homecoming	Lion
February 2nd	Sing	The Levelling

courses for local

Friday 6th October

5.30 pm for 6 pm

Finding Dory

plus

8 for 8.30 pm

A United Kingdom



Doors open 30 minutes before each performance
when refreshments are available

YOU CAN PAY FILM CLUB MEMBERSHIP

ON THE NIGHT

Tiddington Community Centre

WOULD YOU KNOW what to do in an EMERGENCY?

Click here rob.cobley@touchwoodonline.com

What are the four links of the "Chain of Survival"?

1. **Early access to care** – dial 999 immediately!
2. **Early Cardiopulmonary Resuscitation (CPR)** – provide CPR to help maintain blood flow to the brain until the arrival of a defibrillation machine.
3. **Early defibrillation** – defibrillation is the only way to restart a heart in cardiac arrest.
4. **Early advance care** – after defibrillation, an emergency team provides advanced cardiac care on scene, such as intravenous medications.

Sudden Cardiac Arrest Facts (SCA)

1. 7 million people die each year worldwide by SCA. SCA is a condition in which the **heart stops beating suddenly.**
2. SCA is unpredictable, it strikes without warning, **killing 250 people a day in the**
3. SCA kills more people than lung cancer, breast cancer and AIDs combined. **Less than 5% survive SCA.**
4. SCA does not discriminate - it can happen to the young, fit and old - anyone, anywhere at any time.
5. Together with effective CPR, defibrillation is the only way to re-establish the heart's natural rhythm.

Quick action saves lives. HeartSafe® AED solutions in your community will be an investment for life.

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TRAINING**

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Tiddington Community Centre

**The TCC will be CLOSED to all users from
Saturday 21 October until Saturday 28 October inclusive**

Dear TCC Users

This is to confirm that we are planning to have the TCC Toilets refurbished

This will take place from **8am Saturday 21 October** until **Saturday 28 October** inclusive and I am afraid that **NO ACTIVITIES** can take place at the TCC during this period.

The work is to be carried out by local Stratford firm **ICM Limited**.



I am sorry if this causes anyone a problem but I am afraid the TCC does have to be closed for the whole week.

If you have any questions or concerns then please do email me,

We thank you for using the TCC.

My very best regards, Rob
Rob Cobley, Chair TCC
Registered Charity 1093526
rob.cobley@touchwoodonline.com



'MUSIC FOR SAINT JAMES'

A concert by the

St James Singers

St James' Alveston

Saturday 14th October 7.30pm

**Raising funds for the rebuilding of the Church Organ
and redecoration of the Chancel**

**Tickets £12.50 including a Programme
and interval glass of wine**

Tickets available from

Julia Lucas, Richard Lane and the Vicar

Email: rob.cobley@touchwoodonline.com

Or call BOX OFFICE 07502 939498

To be removed from this email distribution list
Email rob.cobley@touchwoodonline.com

THE CROWN, TIDDINGTON

Fabulous Fish Nights

19th 20th 21st October

Something Different

Join us for our Fabulous Fish Nights

Starters

Tomato & Chilli Seafood Bisque-Warm Rustic Bread £6

Haddock & Mature Cheddar Smoky, Spinach & Sunblush Tomato £7

Salmon Gravavlax, Dill Crème Fraiche & Citrus Salad - £6.50

Mains

Moules Marinier- White Wine Cream Sauce- Fries £10

Herb Crusted Halibut Steak- Potato Croquettes-Salsa Verdi- Samphire £17

Mixed Seafood Paella- Tomato & Garlic Ciabatta £11

Whole Baked Plaice-Roasted New Potatoes-Green Beans- Caper Butter £14

Booking Advisable – 01789 297010

info@thecrowntiddington.co.uk
