Tiddington Community Centre



Happy New Year 2020



Wishing you A Very Happy, Health & Prosperous New Year



We look forward to WELCOMING you to the TCC during 2020...

Tiddington Community Centre

EVERY WEEK

Mondays

1pm Pilates with Dom 4pm Circuit Training with Rob

Tuesdays

9.30-11.30am SupaStrikers Football 2-5years with Steve
4-5pm Boyz Street Dancing with Natalie
6-7pm Dog Training from 14Jan with Cat

Wednesdays

11.15-12.15 Move it or Lose it – Over 65 Exercise Class with Lesley 6.30-9.30pm Ballroom Dancing Lessons with Jo

Thursdays

10-12noon Fitness Class Mums & Babies with Victoria
1.30-2.30pm Zumba Gold with Miranda
5.30-8pm Yoga Classes with Sara
8-9pm OneFitMama with Victoria

Fridays

8.30-12.30 Rhythm Time Classes with Rachel

ONCE a MONTH On a Wednesday

2pm Shakespeare Hospice Tea Dance 15Jan, 12Feb, 11Mar with Chris & Bette 2pm Alan & Viv Tea Dance 22Jan, 18 Mar with Alan & Viv

On a Friday

7 for 7.30pm TCC Film Night 7Feb, 6Mar with Rob

NEW!!

EVERY TUESDAY MORNING @ TCC

Starting Tuesday 7th January with Steve

SupaStrikers

Football FUN for 2-5 year olds



Daytime, indoor sessions

Licensed Coaches
all DBS checked & insured

Different age groups

Early years development as well as football skills



SupaStrikers

info@supastrikers.co.uk supastrikers.co.uk

TUESDAYS 9.30-10.15am 10.20-11.05am

EVERY TUESDAY EVENING @ TCC BOYZ STREET DANCING

Starting Tuesday 7th January 4pm with Natalie



Boyz Street Dance Classes - age 4 years plus

Tuesdays 4.10-4.50pm

Tiddington Community Centre

For information about this Sparkle class and Thursday classes in Musical Theatre/Ballet/Street Dance, please email Natalie on sparkleperformers@gmail.com or call 07702 923 741

EVERY TUESDAY EVENING @ TCC

Starting 14 January @ 6pm with Cat...





PUPPY CLASSES

6 week course for puppies up to the age of 6 months.

Using positive reinforcement techniques to teach basic obedience, develop good manners, socialisation and give your new dog the best start in life.

Tiddington Community Centre Tuesdays 6pm - 7pm

Delivered by Cat - experienced and fully certified dog trainer Spaces are limited so book early to avoid disappointment Please get in touch for more information and course start dates

cat.roe@outlook.com 07563 143280 facebook.com/catsdogtraining

EVERY WEDNESDAY MORNING @ TCC

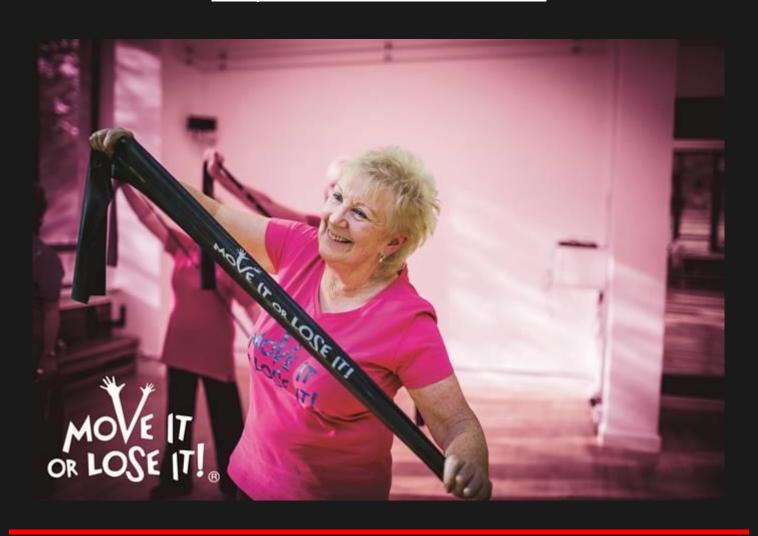
Move it or Lose It

comes to Tiddington Community Centre every Wednesday morning at 11.15am from 8th January

<mark>Improve your:</mark>

Balance and Confidence Mobility and Flexibility Strength and Independence

Contact Lesley Tel 07801 265599 lesley.natrins@moveitorloseit.co.uk



EVERY THURSDAY MORNING @ TCC

OneFitMama

With Victoria starting 10am 9th January



TIDDINGTON COMMUNITY CENTRE

Thursdays
10am Toddlers
11am Babies
Contact Victoria
Stratford@onefitmama.co.uk

EVERY THURSDAY AFTERNOON @ TCC

Zumba Gold with MirandaStarting from 9th January @1.30pm...



ZUMBA GOLD IS THE LOW IMPACT VERSION OF ZUMBA FITNESS. IT IS NOT THE 'HARDEST' VERSION (BRONZE, SILVER, GOLD) AND IT IS DEFINITELY NOT 'JUST FOR OLD PEOPLE'

ZUMBA GOLD IS FOR EVERY AGE, EVERY ABILITY, EVERY BODY.

ZUMBA GOLD USES MUSIC AND RYTHYMS FROM AROUND THE WORLD; SALSA, MERENGUE, TANGO TO NAME BUT A FEW.

ZUMBA GOLD IS A WORKOUT THAT FEELS MORE LIKE A DANCE PARTY.

COME AND TRY A CLASS. THERE IS NO JOINING FEE, PAY AS YOU GO, £5 PER 45 MINUTE CLASS.

YOU NEVER KNOW, ZUMBA GOLD MIGHT JUST CHANGE YOUR LIFE.

CONTACT MIRANDA on 07595696506

EMAIL Miranda@pixiefit.co.uk

Thursday 1:30pm

Tiddington Community Centre, Tiddington

EVERY THURSDAY EVENING @ TCC

OneFitMama

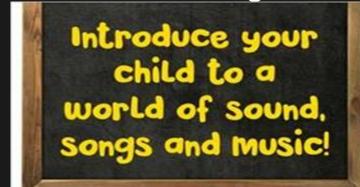
8-9pm starting 9th January

Contact Victoria

stratford@onefitmama.co.uk

EVERY FRIDAY MORNING @ TCC

Rhythm Time classes starting FRIDAY 10th January



Fun, educational & multi-sensory music classes for babies, toddlers & pre-schoolers



Call Rachel: 07469186042



rhythmtime.net/rt99

Rhythm Time provide fun music classes

for babies, toddlers & pre schoolers

We are passionate about music

& how it enhances your little ones development.

Classes on Friday mornings at the following times

9.30am pre school (3 - 4 year olds)

10.10am toddlers

10.50am older baby (7-13 months)

11.30am younger babies up to 6 months

contact rachel on rachelrtime@gmail.com

www.rhythmtime.net/or 07469186042 to reserve a place

FRIDAY 7th February - TCC Film Night!

We plan to restart our TCC Film Club Nights on Friday 7th February



FRIDAY EVENING 7th FEBRUARY
TCC FRIDAY FILM NIGHTS

TCC FRIDAY FILM CLUB



MEMBERS SELECTIONS Feature FILMS 7.30pm Doors Open 7.00pm

FILM CLUB NIGHTS

February 7th

A PRIVATE WAR

MARCH 6th

MARY QUEEN OF SCOTS

Tiddington Community Centre

VACANCY

The TCC Management Committee currently has a vacancy for a

TCC Secretary

If you live locally & are interested in such a role - please contact

TCC Chair Rob Cobley rob.cobley@touchwoodonline.com

Tiddington Community Centre



Our Tiddington Pantomime this year is on 20th-23rd February

Tickets are available at

https://www.ticketsource.co.uk/tiddingtonplayers or via tiddingtonplayers@gmail.com or via Samm on 07712 255541

Early Bird available until 7th January!

Normal ticket prices:

£6 Child £8 Adult

£22 Group Booking (2A/2C, or 1A/3C) available on all performance except Saturday matinee

More info from Samm

tiddingtonplayers@gmail.com

For all details and bookings of the TCC

Email rob.cobley@touchwoodonline.com





