

# 2019

2019 My New Years Wish For You...

12 Months Of Happiness
52 Weeks Of Fun & Laughter
365 Days Of Success

8,760 Hours Of Good Health 525,600 Minutes Of Blessings & 31,536,000 Seconds Of Joy Wishing You A Year Of

Pure Happiness & Success!

### Wishing you all A Very Happy, Health & Prosperous New Year

## And we look forward to WELCOMING you ALL to the TCC during 2019...

#### **Tiddington Community Centre**



#### https://www.thesilverline.org.uk/



information • friendship • advice

0800 4 70 80 90

the free and confidential helpline for older people, open 24 hours

www.thesilverline.org.uk

The Silver Line is a helpline for older people that offers information, friendship and advice 24 hours day, 365 days a year.

Originally founded by Dame Esther Rantzen, it is the only national, free and confidential helpline for older people in the UK.

The Silver Line also offers telephone and letter befriending by matching up a Silver Liner to a volunteer for regular conversation.

So if anyone is lying awake at night - or feeling lonely at any time - or is worried about a problem that they have - and think that a chat with someone friendly who cares might help,

please call

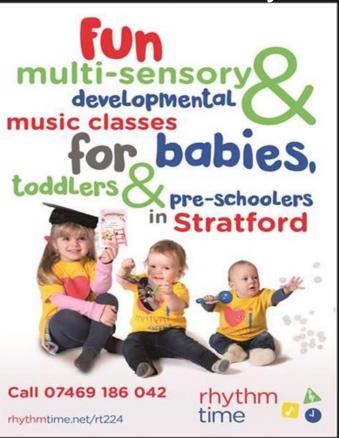
The Silver Line on 0800 4 70 80 90

## NEW!! EVERY FRIDAY MORNING @ TCC Rhythm Time classes starting FRIDAY 11<sup>th</sup> January

Introduce your child to a world of sound, songs and music!

Fun, educational & multi-sensory music classes for babies, toddlers & pre-schoolers





#### Rhythm Time provide fun music classes

for babies, toddlers & pre schoolers

We are passionate about music

& how it enhances your little ones development.

Classes will be on Friday mornings at the following times

9.30am pre school (3 - 4 year olds)

10.10am and 10.50am toddlers (1-2 year olds)

11.30am Baby 0-12 months

12.20pm young baby class 0-5 months

contact rachel on <a href="mailto:rachelrtime@gmail.com">rachelrtime@gmail.com</a>
<a href="mailto:www.rhythmtime.net/">www.rhythmtime.net/</a>
or 07469186042 to reserve a place

#### FRIDAY 4<sup>th</sup> January is TCC Film Night!



FRIDAY EVENING 4<sup>th</sup> JANUARY

TCC FRIDAY FILM NIGHTS

#### TCC FRIDAY FILM CLUB



MEMBERS SELECTIONS
Feature FILMS 7.30pm Doors Open 7.00pm

#### TCC FILM CLUB NIGHTS

JANUARY 4<sup>th</sup>
FEBRUARY 1<sup>st</sup>

LEAVE NO TRACE
3 BILLBOARDS OUTSIDE
EBBING MISSOURI

Friday 4<sup>th</sup> January

7pm for 7.30 pm

LEAVE NO TRACE



Doors open 30 minutes before each performance when refreshments are available!

eg just £2.50 for a glass of wine & 50p for a Tea or Coffee...

YOU CAN PAY for FILM CLUB MEMBERSHIP ON THE NIGHT

Membership just £20 per Adult for a Whole Year



For details on all TCC Activities and Bookings email Rob rob.coblev@touchwoodonline.com



## A GREAT VENUE FOR ALL MEETINGS!

#### A VARIETY OF REGULAR ACTIVITIES

Times are available mornings, afternoons and some evenings

Email rob.cobley@touchwoodonline.com

To make your Bookings for the TCC

#### TCC REGULAR ACTIVITIES BY DAY

MONDAYs @ 1pm PILATES with Dom

MONDAYs @ 4pm CIRCUITS with Rob

MONDAYs EVERY 2 WEEKS 7pm for 7.30pm BINGO with Erica & Janice
Next BINGO is on 14 & 28 Jan 2019 etc

TUESDAYs 12.30-2.30pm Art Classes for the young with Maddie

TUESDAYs 4-5pm BOYZ DANCING with Natalie

TUESDAYs 6-8pm Puppy & Dog Training with Cat

WEDNESDAYs 2-4pm SHAKESPEARE HOSPICE TEA DANCE with
Margaret & Patrick - Monthly = next 9 January

WEDNESDAYs 2-4.15pm TCC TEA DANCE with Alan & Vivian Monthly = next 16 January

WEDNESDAYs 5.30pm-7pm Children's Dance Classes with Ruby
WEDNESDAYs 7pm-8pm BALLROOM DANCING with Jo

THURSDAYs 10am-12pm Fitness Classes - Mums & babies with Victoria

THURSDAYs 1.30pm-2.30pm ZUMBA GOLD DANCING with Miranda

FRIDAYs 9.30pm-12.30pm RHYTHM TIME with Rachel

First FRIDAY Every Month TCC FILM NIGHT with Stewart 7pm for 7.30pm FEATURE FILM £20/Year/Adult

See TCC eNews for more details on all above events and activities or email

rob.cobley@touchwoodonline.com